

Optometry timeline

Freshman Year

Fall

- Visit PREPs to discuss your pre-professional path and design your parallel plan
- Take ENG-W131, BIOL-K101
- Take CHEM-C105 and C125,
- Take MATH 22100*
- Join a pre-optometry club

Spring

- Research summer experience-based opportunities
- Visit PREPs for assistance with your summer plans
- Take PSY-B110, BIOL-K103
- Take CHEM-C106 and C126
- Take ENG-W270**

Summer

- Volunteer for a health-related summer experience
- Visit our website for resources on local professionals you can shadow or volunteer with, activity logs to track your achievements, and more

Sophomore Year

Fall

- Consider an internship
- Get involved with your pre-health club and volunteer
- Take CHEM-C341 and C343
- Take BIOL-K322***
- Visit PREPs and make sure you are on track with your parallel plan

Spring

- Lock in a health-related opportunity for the summer
- Take BIOL-K356 and 357
- Assess yourself: Take an OAT practice test
- Research and visit optometry schools of interest

Summer

- Choose an OAT preparation option, such as a tutor, a course, or a book
- Complete your health-related summer opportunity
- Shadow an optometrist

Junior Year

Fall

- Register for the OAT
- Take PHYS-P201
- Take STATS 30100****
- Consider participating in a research opportunity
- Visit PREPs for info on letters of recommendation and personal statements

Spring

- Take the OAT
- Take PHYS-P202
- Meet with your advisor and make sure you're on track
- Contact PREPs and schedule a mock interview

Summer

- Complete your personal statement and have it reviewed by PREPs
- Complete your OptomCAS application
- Take the OAT (if you haven't already)
- Purchase an interview suit

Senior Year

Fall

- Begin secondary applications and school interviews
- If not called to interview, begin working on your alternative plan: Research companies or other programs and work on your resume

Spring

- Make a final decision as to your plans for the fall
- Complete your financial aid forms if going to school
- Have your resume reviewed at PREPs if job searching
- Make plans for the summer

Summer

- Make appropriate living arrangements for the fall
- If attending school, purchase books and equipment, and attend your orientation
- If working, make sure you have a work wardrobe

* You must have at least 4 credits of Math and must also take Math 22100, Math 23100, or Math 16500 ** You may take ENG-W132 or ENG-W231 or TCM-22000 or TCM-32000
*** You may take BIOL-K322 or BIOL-K324 or BIOL-N261 or BIOL-N217 **** You may take STAT 30100, STAT 59800, PSY-B305, or ECON-E270